



Merlin's Muse By Mary Hadsall Executive Director

Drum roll please! I'm about to answer the most popular question at Camelot: "Are you going to have lessons this year?"

The answer, my friend, is YES! Our 37th season is about to begin.

Classes will start in September as usual, and we are ready! And not just in our hearts, we're ready to meet the challenges of social distancing with our small classes and covered breezeway that provides ample space to spread out. We'll also be following all CDC safety guidelines by wearing protective masks, requiring frequent hand washing, and disinfecting equipment in between riders to ensure safety for everyone on site.

Equine assisted activities and therapies has long been touted for the physical benefits horseback riding provides such as improved core strength, balance, motor planning, fine motor skill development, and increased flexibility. However, we have not given the emotional and psychological benefits students receive equal spot light. It is a known fact that emotionally our community is really struggling right now. Socialization and emotional needs are met here at Camelot as our riders spend time grooming and tacking their horses and working alongside volunteers and instructors.

Today more than ever, Camelot needs your support because our students need Camelot. I have always believed that the simple nature of our lessons provides the best platform for safely learn horsemanship and gain independence. The importance of these lessons reaches far beyond the saddle. Each week they learn "hows and whys" of horsemanship through repetition and participation. This mastery of these skills organically transfers to their daily home life, and when that happens, their quality of life improves. We are ready to rock and roll my friends! Our students need us more than ever and we will be here for them. We have the perfect environment that allows safe spacing for ground lessons and mounted activities. Camelot is ready to meet the changing needs of our community, but we need your support behind us to make it happen!  $\infty$ 



Rebecca standing at the gate to the covered arena.

By Hannah Brisso Volunteer Coordinator & Principal Riding Instructor

Camelot is delighted to welcome Rebecca Thompson in the role of Barn Manager/Riding Instructor. She's a familiar face around the barn, she's been a volunteer since 2017. Rebecca is an Arizona native who earned a bachelor's degree in Animal Science from the University of Arizona. She's also a certified riding and carriage driving instructor through Certified Horsemanship Association, and, recently added PATH Intl. certified riding instructor to her list of credentials. While Rebecca loves all horse breeds, she has a special affinity for the Arabian horse, which she has been riding and showing since she was a child. Outside of horses, Rebecca also enjoys knitting, spending time with her dog, cat, and husband.  $\infty$ 

By Jessica Fidler I will be the BEST I can be! Camelot Parent

As parents, we want to provide our kiddos with different experiences through sports, arts, and other activities that allow them to grow, succeed, learn to play as a team, and build self-confidence. Like most parents, I enrolled Eliron in soccer, karate, hockey and baseball—the classics. However, I quickly realized that either the other kids quickly surpassed him, or his medical needs held him back. He loved them so we still pursued the activities. He still tried. He still was excited to go to the activities. Despite my best efforts, questions slowly came up like why was he still a blue belt while his friends were green belts, or why was he was still taking "Learn to Skate" classes when his friends were already on hockey teams even though he started before them.

I wanted to find an activity that could be Eliron's. An activity that would allow him to flourish at his pace and still allow him to feel accomplished.

While trying to encourage him to keep going, I was introduced to Camelot Therapeutic Horsemanship. The first thing that came to mind was "another plan to help him, and another disappointment." But boy was I wrong! We met with Mary and instantly fell in love. From the moment we left Camelot that first day until the moment he was accepted,



Eliron pictured riding Junior in the covered arena. Left to right: Kristina instructing, Hannah leading, Rebecca and Mary Wales-Long side walking.

Eliron asked daily about riding. But when that day came, he jumped up and down and said, "I will be the BEST I can be!"

Since starting at Camelot, Eliron has grown. He has gained confidence in himself. He has something that belongs to HIM. He has something that he can go home and tell his friends about and not hear "Oh, I've done that." Camelot has provided him with a place to be, a place to grow, a place to succeed, and a place to be accepted. Thank you for the amazing opportunity!  $\infty$ 



Laura pictured on the gator finishing ranch chores.

A Heroes' Hero ~ Laura Holub

By Hannah Brisso Volunteer Coordinator & Principal Riding Instructor

Laura Holub has spent her entire life with horses, and loves to trail ride. She's an outdoor enthusiast, active jogger, and a neighbor! Laura found herself jogging by Camelot on a regular basis which led to an inquiry into the program. Once she came through the front gate, Laura was hooked! She's been assisting with Friday evening feeding, cleaning, and turning out horses since April of 2019. Thank you, Laura, for spending part of your weekends with us!  $\infty$ 

equestrian therapy and outdoor education program run for people with disabilities. All materials herein are copyright 2018 Camelot. Material may be reproduced with permission and credit. For subscription and other information, visit our website at *CamelotAZ.org*; write to 22622 N. Sectordale Ref. Suite D2 Rep 250.

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Cayanna RHM 2/16/98 - 12/27/19

Oh beautiful one, fly free, fly fast. You have earned your golden wings. The time has come for you to join your friends that have gone before you. May you race across deep green pastures, enjoy a bounty of carrots, apples, sugar cubes, and long sweet naps in soft the breeze.

It is with a heavy heart that I share the news of Cayanna's passing. She will be fondly remembered as the little mare with the most incredible mane! Her golden thick tresses touched the ground when released from their braids. She was kind—hearted and gallant in her life of service on this ranch. I can honestly say that everyone loved her, and she will be sorely missed.

Cayanna, my love, til we meet again...  $\infty$ 

**Melissa LoCascio Weimer** December 11, 1971 ~ November 29, 2019

Melissa, "Missy", daughter of Lynne and Sal LoCascio, loved life, animals, and her family. She was dedicated to her children and devoted her life to improving the health and well being of countless animals. She gave back to her community, and she gave from her heart to Camelot. Her beautiful spirit lives on in her boys. You will never be forgotten Missy.



Missy embracing Barbara while seated in the breezeway.

Nifty Bits News from the Ranch

Where would we be without our community standing behind our hard work as we serve our mission. It is my pleasure to acknowledge our major donors, with deepest gratitude and heartfelt thanks:

**Albertsons Companies** Foundation **Ames Construction Anonymous Donor AQHA** Foundation **Ginger Barry** Amy & Kevin Bonner Judith & Mike Brisso Tim & Nan Corwin The Bill & Marian Cook Foundation **Robin & Andrew Erlich** JB & Anthony Guadagnolo Joyce & Ed Goljan Alan & Sasha Graham The Diane & Bruce Halle Foundation **Chris & Jen Henslee K2** Adventures Jim & Marie Krombholtz Shirley A. Lowman **Sheryl Norris Pacific Land Exchange Curt & Gerry Pindler Rogers Corporation Gary Raymond** The Christopher & Dana Reeve Foundation Vanco & Stephanie Serafimovski **Roselvn & Bret Tavne Thunderbirds Charities Bonnie & John Trowbridge** Sally Vail Vanguard Charitable Fund Verdoorn Foundation Mary Beth Walker

> <sup>Ad</sup>A society grows great when old men plant trees in whose shade they know they shall never sit"

anonymous Greek proverb

Heartfelt thanks to **Ray K.** for his continued work to keep Camelot looking her best. We are excited to provide lessons in our round pen under our beautiful new shade structure so generously funded by **The Grainger Foundation**!

Camelot welcomes a new Dragon Slayer to our rider schedule, Margaret B.

Three cheers to our new volunteers, welcome aboard! Mary G., Sue M., Teresa S., and Katie S.

Deepest appreciation to **Ginger Barry** for your service as a Camelot Board of Director.



Kristina harvesting carrots from the raised bed garden.

At Camelot we never like to say good-bye, we prefer "see you later"!

We extend our best wishes to **Kristina Vahe** as she continues her work as an equine specialist with Ann Wilson and Equine Ignite. For more information on counseling and equine psychotherapy visit EquineIgnite.com

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Camelot Chronicles

In Memory Of

Coughdrop Cioci Gene Genevieve Szychowski Rooney Viagra Robison Drayton Esther Ventre Josef Rivers Cayanna RHM Jim Schulte Mario N. Boggiano Hannah (the horse) Zak Khazanovich Josef Rivers Kay Braswell Leo & Genevieve Rooney Connie & Bob Abbot Gidget Jim Draper Missy Karen Dawson Our Beautiful Oz Edna Pindler Hooch & Sophie Peggy Welsh Ted & Loretta Szychowski Zen

Camelot's Equine Guardian Angels Paladin Marge Milliman Molly, Russel, Raphe' n Buck Col. Buck Francisco All the beloved animals of the Green & Brisso Families Faye & David (Dink) Hornsby Lucy, Desi and Abbey Peggy Karla Bob Lindsey Stormy Rosemary Goldner Cy Jake Buddy In Honor Of

Andrew Erlich's 70th birthday Richard Straffer Sally McWhirter Butch Ames Sharon & Lou Goldman Chuck Johnson Mary Beth Walker Sydney Morrison Patrick Bonner Shirley A. Lowman

Ed & Joyce Goljan In honor of Ted and Loretta Szychowski Kim James's birthday Joey Joseph Roselyn Tayne Eileen Szychowski Bailey Chuck Johnson Roslyn Tayne Eileen Szychowski Mocha, Batman, Robin & Smokey Bella, Soren, Rhysie & Jackson The Camelot Students Vera's husband, mom, brothers & sisters, and their families Lucy Belinda Ricco Momma Kitty Arizona Oncology Amanda Fehlberg and Frisco Jill Seymour Liz Covert Annette Eileen Szychowski Jason Lowman Nicole K2

Jordan Lynne LoCascio Jan Miller Everyone effected by Covid 19 All the Care Givers & Doctors All the Camelot horses The Green & Brisso Families All the beloved animals of the Green & Brisso Families The Camelot Dream Team-Robin, Shirley, Ann, Hannah, Leslie, Mary and Ray All the Volunteers My wonderful Camelot friends! Dianne Peek **Babs** Akin Kelly Richardson Peg Mulloy Patrick Bonner The Staff & Horses of Camelot Athena Genevieve Lemanske Uncle Mort Abrams Mary Hadsall Hannah Brisso Kristina Vahe

Camelot wishes to acknowledge all of the special people and cherished animals who were honored with hearts before and during the spring fundraising campaign. Best efforts were made to acknowledge everyone; sincere apologies if your loved one is not mentioned.

Raise your sword against the most formidable enemy of all... the voice within that says "I can't" ~ Eileen Szychowski, Camelot Founder

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